

## Believers' Self-reflection Scale

Rate yourself on the following items using the scale of 1 to 5

1= Least like me; 5= Most like me

There are no right or wrong answers

1. It is easy for me to allow those that I don't like to be themselves. \_\_\_\_.
2. I often compliment others on how they look or what they've achieved. \_\_\_\_.
3. While listening when people are talking, I often tune them out. \_\_\_\_.
4. When it comes to unique behaviors, I say "be yourself." \_\_\_\_.
5. I don't asked questions even when something seems odd to me. \_\_\_\_.
6. Certain things people do are simply stupid, point blank. \_\_\_\_.
7. I am always looking for ways to encourage others, no matter who it is. \_\_\_\_.
8. I want to help people because I believe in them. \_\_\_\_.
9. I am particular about the kind of people with whom I socialize. \_\_\_\_.
10. I am optimistic that people can change.
11. I am always willing to help others in any way that I can. \_\_\_\_.
12. A drug addict is an addict; a thief is a thief, I can't trust either. \_\_\_\_.
13. I don't feel sorry for people who make poor like choices. \_\_\_\_.
14. I believe there are more good qualities in people than bad. \_\_\_\_.
15. Many people will lie before they will tell the truth. \_\_\_\_.
16. I struggle with admitting when I'm wrong and apologizing. \_\_\_\_.
17. I believe that most people are doing the best they can. \_\_\_\_.
18. There is good in the worst of us and bad in the best of us. \_\_\_\_.
19. Some people are bad, no excuses will change the facts. \_\_\_\_.
20. I take pride in examining my behavior and changing my ways. \_\_\_\_.

Comments: